

My Mizvah Focus

I am very fortunate to have wonderful people in my family who through their acts of kindness, inspire me to be a better person. I would like to focus on my Uncle Danny's foundation - Ladles of Love which is doing very good work in Cape Town. I have been lucky enough to have the opportunity to help him at his soup kitchens and it is the best feeling in the world when you see a person smile because you have been kind to them in even the simplest way as serving them a cup of soup and a piece of bread. If everyone in the world just took a few moments to lend a simple hand to the person next to them, can you imagine how much better things would be? I know how expensive it must be to feed nearly 1000 people a week and my Uncle relies on donations to keep his foundation running. I will be putting aside a portion of my Bar Mitzvah gifts and donating it to his worthy cause. I will also be doing my best to helping him out more at his soup kitchens.



...and so it began

It all began when my uncle, Danny Diliberto was inspired to create a project to give back to society as the result of attending a course through the Art of Living foundation (AOL).

As a restaurateur and manager of a Doppio Zero restaurant, feeding homeless people seemed like a logical starting point to Danny, but he was determined to create a new kind of soup kitchen - powered by love and offering comfort to fellow humans who have temporarily lost their way.

His first soup kitchen started in July 2014, and continues to take place every Tuesday outside Doppio Zero in St George's Mall in Cape Town's CBD.

Soon thereafter, he began serving meals in Roeland Street and a third was launched in November 2015, providing meals on Thursdays at the Haven Shelter in Sea Point. As the project grew, he needed a name for the new organization and that's when Ladles of Love was born.

Since it started, Ladles of Love has served thousands of meals and continues to grow. In addition to hearty meals he also provides soap and water for a pre-meal wash, along with a blessing when available.





